

ALLERGEN NOTICE

Some dishes may contain nuts or traces of nuts.
Full allergen matrix available on request.

DON'T MISS OUR DELICIOUS SPECIALS MENU!

FRESH OLIVES

Green Nocellara Olives 4.25

STARTERS & SHARERS

HOMEMADE SOUP OF THE DAY

Rustic bread
7.5

TEMPURA SALT & PEPPER SQUID

TOASTED CHIPOTLE CHILLI, FRESH LIME & CORIANDER
MAYONNAISE, BASIL AIOLI, FRESH CHIVES
10 TO SHARE 18.75

SWEET & SPICY KOREAN FRIED CHICKEN

BREADED CHICKEN BREAST COATED IN GOCHUJANG CHILLI,
SPRING ONION, RED CHILLI & SESAME SEEDS
9.5 TO SHARE 17

HOMEMADE NACHOS (V)

CAJUN DUSTED HOMEMADE TORTILLAS, MEXICAN TOASTED
CHIPOTLE MORITA CHILLI & TOMATILLO SALSA, NK'S
AVOCADO GUACAMOLE, MELTED MATURE CHEDDAR,
MINTED SOUR CREAM, PICKLED JALAPENOS & FRESH CHIVES
9.5 TO SHARE 18

Add: red chilli chicken breast £2.5/£4

BREADED CAULIFLOWER BITES (V)

CAULIFLOWER FLORETS MARINATED IN COCONUT MILK, TAHINI
& MISO DRESSING, FRESH POMEGRANATE, MILD GREEN CHILLI
9.25 TO SHARE 17

MIDDLE EASTERN MEZZE

HOMEMADE CHICKPEA FALAFEL, TABBOULEH W/ FETA,
SUNDRIED TOMATO HUMMUS, TZATZIKI, PICKLED FIGS,
TOASTED SPLIT PEAS, PICKLED CUCUMBER
& CHARRED SPICED CARROT & FLAT BREAD
9.5 TO SHARE 17.5

CATERING MENU

PLEASE ASK A MEMBER OF THE TEAM, LOOK
ONLINE AT WWW.NATURALKITCHEN.CO.UK
OR E-MAIL INFO@NATURALKITCHEN.CO.UK
FOR A BROCHURE



NATURAL KITCHEN
LONDON

HEALTHY SALADS

BREADED BUTTERMILK CHICKEN BREAST & CRISPY SMOKED PANCETTA

MORROCAN BLACK OLIVES, CHERRY TOMATOES, FRESH AVOCADO, BABY GEM LETTUCE, GRAN PADANO PARMESAN,
BABY WATERCRESS, WILD ROCKET, RUSTIC HERB CROUTONS & NK CAESAR DRESSING 24

ASIAN BLACKENED TERIYAKI SALMON FILLET

ORGANIC BUCKWHEAT SOBA NOODLES, CHICORY, RADICCHIO, PAK CHOI, BLACK DAIKON & RED RADISH,
EDAMAME BEANS, RED PEPPER, SPRING ONION, MILD RED CHILLI, FRESH CORIANDER & NORI
W/ MISO, OYSTER, SESAME, LIME & SOY DRESSING 25

SUPERFOOD DETOX

TRIO OF ORGANIC QUINOAS, FRESH AVOCADO, LENTILS, BAKED SWEET POTATO, CHARRED BROCCOLI,
FRESH BEETROOT, CARROT & CELERY, BABY WATERCRESS AND SPINACH, SPROUTING PULSES,
TOASTED SUPERSEEDS, GOJI BERRIES AND A LIGHT VINEAGRETTE DRESSING 20

ADD TO YOUR SALAD: Chicken breast £4.5 / crispy Halloumi cheese £3 / half avocado £3.5
Super Seeds £1 / Two homemade Falafels £2.5

MEAT, FISH & PLANTS

GREEN SUPERFOOD COURGETTI

SUPERFOOD PESTO, ALMOND MILK, CHARRED ASPARAGUS SPEARS & BROCCOLI, FINE GREEN & EDAMAME BEANS,
ROASTED CHERRY TOMATOES AND RED PEPPER, WILD ROCKET LEAVES, POMEGRANATE, SUNFLOWER
& PUMPKIN SEEDS W/ CRISPY HALLOUMI (V) OR TURMERIC INFUSED TOFU (VEGAN) 22

10OZ STEAK & CHIPS

28 DAY DRY AGED BRITISH SIRLOIN STEAK, SKIN ON CHIPS & NK'S BRANDY AND PEPPERCORN SAUCE 45

FISH & CHIPS

FRESH BEER BATTERED SUSTAINABLE COD, SKIN ON CHIPS, MINTED GREEN PEAS & NK'S HOMEMADE TARTARE 24.5

HARISSA CHICKEN BREAST

MOROCCAN SPICED GIANT COUSCOUS, ROAST MEDITERRANEAN VEGETABLES, CHARRED TENDERSTEM BROCCOLI,
PEAS, EDAMAME, ROSE HARISSA COCONUT CREAM & FRESH LEMON, MINT YOGHURT 24.5

KING PRAWN & SESAME CHICKEN UDON

THICK UDON NOODLES, KING PRAWNS, SESAME CHICKEN, ASIAN VEGETABLES, FRESH CHILLI, SPRING ONION,
FRESH CORIANDER AND STICKY TERYAKI, SOY & SWEET CHILLI 24.9

THE POTATOES

Lightly salted skin on chips 5.95

Cajun cheesy spiced chips 7.95

Thick cut Paprika dusted sweet potato chips 6.35

A MIX of sweet & skin on chips 6

Sautéed baby new potatoes 6

THE OTHERS

Macaroni cheese, black truffle oil, crispy pancetta & onions 7

Charred Broccoli & Edamame, bean sprouts, soy chilli oil 6

Mixed salad leaves, pickled red onion & cherry tomatoes 5.5

Wild rocket & Parmesan w/ balsamic 6.5

Caesar salad, leaves, black olives, croutons, parmesan 7

Chunky homemade coleslaw 6

ADD A MAYO DIP £1 - Great with the chips!

Sriracha Chilli, Fresh Chipotle & Lime, Fresh Tarragon Black Truffle & Grape mustard

BURGERS & CLUBS

BURGERS & CLUBS SERVED WITH YOUR CHOICE OF
SKIN ON CHIPS, SWEET POTATO CHIPS OR A SIDE SALAD

OLIVE FED YORKSHIRE WAGYU BEEF BURGER

CRISPY STREAKY BACON, MATURE CHEDDAR & RED LEICESTER
CHEESES, CARAMELISED RED ONION RELISH, BLACK TRUFFLE
& GRAPE MUSTARD MAYONNAISE, GHERKIN, VINE RIPENED
TOMATO, GEM LETTUCE & WILD ROCKET LEAVES
ON POTATO BRIOCHE BUN 28.95

DOUBLE UP YOUR WAGYU BURGER - £12.5

ASIAN STYLE SALMON BURGER

STICKY TERIYAKI, SESAME, SOYA & SWEET CHILLI ASIAN
SLAW, SRIRACHA & FRESH CORIANDER MAYONNAISE,
ROCKET LEAVES & GEM LETTUCE ON POTATO BRIOCHE BUN 25

CHARGRILLED CHICKEN BREAST CLUB

BUTTERMILK CHICKEN BREAST, CRISPY BACON,
FRESH TARRAGON MAYONNAISE, MATURE CHEDDAR, CHUNKY SLAW,
GEM LETTUCE ON RYE & WHITE SOURDOUGH 22

LOAD UP YOUR BURGER OR CLUB SOME MORE!

Blue Cheese £1 Crispy Pancetta £2

Avocado guacamole OR Fresh Avocado £2

WE ARE HAPPY FOR YOU TO

'GO SKINNY' WITH YOUR BURGER OR CLUB
& REPLACE THE BREAD WITH SALAD

PUDS

SALTED CARAMEL CHOCOLATE BROWNIE 8.5
milk chocolate drizzle
& natural vanilla ice cream

BANOFFEE PIE 7.5
milk chocolate, caramel, banana,
Chantilly cream & banana chips

HOMEMADE FRESH LEMON POSSET 8.5
baked almond shortbread

RASPBERRY & CHOCOLATE CRÈME BRULEE 8.5
fresh raspberry & chocolate

NATURAL ICE CREAMS

1-SCOOP 4.25 / 2-SCOOPS 5.85 / 3-SCOOPS 8

Your choice of:

CHOCOLATE, VANILLA, SALTED CARAMEL,
COCONUT OR MANGO SORBET

A TEAM EFFORT!

A discretionary 12.5% service charge is added to all bills
which is distributed 100% to all team members
in addition to their normal pay.