

DRAUGHT BEERS

SALT LOOM PALE 4%

American West coast style hoppy classic with a citrus finish

HALF 3.75 PINT 7.35

SALT JUTE IPA 4.2%

A blend of Australian & American hops. Hazy & juicy. Low bitterness, Melon rind finish

HALF 3.75 PINT 7.35

PRAVHA 4% Czech Pilsner

Pale gold Pilsner with iconic flavour and gentle bitterness. Clean, light and refreshing

HALF 3.5 PINT 6.95

STAROPRAMEN 5% Premium Czech Lager

Authentic beer from Prague. Medium bodied lager, refreshing, malty with a well-balanced bitterness

HALF 3.65 PINT 7.25

ATLANTIC PALE ALE SHARP'S 4.2% Cornish Pale Ale

Modern Pale Ale from Sharp's. Stunning citrus notes and juicy tropical fruits make it complex, balanced and super refreshing liquid.

HALF 3.5 PINT 7.1

DOOM BAR 4.3% Amber Ale

Classic smooth British ale with hints of dried fruits and roasted malt.

HALF 3.5 PINT 6.95

MADRI EXCEPTIONAL 4.6% Spanish Premium Lager

Super Premium Lager, Crisp and refreshing with bitter sweet finish

HALF 3.75 PINT 7.45

BOTTLED BEER, CIDER

PERONI NASTRO AZZURRO GLUTEN FREE 5.1% ABV 33cl 5.75

PERONI 0.0% ABV 33cl 4.95

ASPALL SUFFOLK DRAUGHT CYDER 5.5% ABV 33cl 6

REKORDERLIG STRAWBERRY-LIME CIDER 4.0% ABV 50cl 6.5

HOUSE SPIRITS

	SINGLE 25ML	DOUBLE 50ML
ARBER ARBORETUM GIN	7.5	10
STOLICHNAYA VODKA	7.5	10
BACARDI WHITE RUM	7.5	10
HOUSE SCOTCH OR BOURBON	7.5	10

PRICE INCLUDES YOUR CHOICE OF MIXER

MANY MORE SPIRITS AVAILABLE AT THE BAR

COCKTAILS

PLEASE ASK IF YOU WOULD LIKE TO SEE
OUR COCKTAIL MENU

Two for £20*
All day Everyday

*For the same two cocktails made at the same time.

See cocktail list on other page

WINES

WHITES

CONVERTIDO Verdejo ORGANIC - SPAIN

Easy drinking, fresh, aromatic. Enjoy anytime

175ml glass 7.95 / Half Bottle 15 / Bottle 28

GRILLO, IL FOLLE ORGANIC - ITALY

Velvety, floral & smooth with aromas of ripe peach

175ml glass 8.25 / Half Bottle 18 / Bottle 32

GRENACHE CHARDONNAY, ROC D'OPALE FRANCE

Packed with Orange, Raspberry & Plum

175ml glass 8.95 / Half Bottle 19.5 / Bottle 35

SAUVIGNON TOURAINE, DOM DES VAUBLINS FRANCE

Classic French style, Dry with fruit

175ml glass 9.5 / Half Bottle 19.95 / Bottle 36

PINOT GRIGIO, LA JARA VENETO IGT ITALY

Fruity bouquet, delicious & balanced. Exquisite Pinot

175ml Glass 10.95 / Half Bottle 21.5 / Bottle 42

CHABLIS, DOMAINE DU COLOMBIER FRANCE

Sophisticated, buttery with no oak

175ml glass 15 / Half Bottle 29 / Bottle 55

SHORT FOR KATE, SAUVIGNON BLANC N.Z

Classic NZ sauvignon, crisp, fresh & floral

Bottle 58

BACCHUS BLOCK, LYME BAY 2020 ENGLAND

Long citrus-dominated finish with great depth & tropical-fruit notes, herbal undertones

Bottle 65

NUSSBERG, GRUNER VELTLINER

WEINGUT HAJSZAN NEUMANN 2020

Refined, crisp, fresh & floral. A classic varietal

Bottle 69

ROSE

PINOT GRIGIO, 'ROSE', SENTINA ITALY

Light, crisp & floral

175ml glass 9 / Half Bottle 18 / Bottle 32

COTES DE PROVENCE, DOMAINE PINCHIN FRANCE

Balanced, fresh, dry but sweet, fruity bouquet

175ml glass / 11.5 Half Bottle 23.5 / Bottle 46

*125ml glass also available

**Wine vintages subject to change

CHAMPAGNE & SPARKLING

PROSECCO DOC BRUT NV MASOTTINA ITALY

Fruity, fun and very pure with lively bubbles

Glass 9 / Bottle 35

ROSE PROSECCO, MILLESIMATO MASOTTINA ITALY

Hints of wild strawberries & raspberries

Bottle 35

LA MAISON NUEVE CREMANT DE LOIRE NV

FRANCE

Bubbly, fruity with hints of flowers

Bottle 65

CHAMPAGNE GOSSET GRAND RESERVE BRUT NV

FRANCE

Fruit aromas, soft finish. Super old school champagne

Bottle 130

REDS

MALBEC FINCA LA LINDA, BODEGA LUIGI BOSCA

ARGENTINA

Balanced, full bodied with hints of vanilla

175ml Glass 14 / Half Bottle 27 / Bottle 52

CONVERTIDO TEMPRANILLO

SPAIN

Easy drinking, soft, light berried red

175ml glass 7.95 / Half Bottle 15 / Bottle 28

NERO D'AVOLA. IL FOLLE

ORGANIC - ITALY

Hints of blackberry, medium bodied with savoury notes

175ml glass 8.25 / Half Bottle 18 / Bottle 32

MERLOT BELLA STORIA CIELO ORGANIC - ITALY

Dark ruby red, well balanced with fascinating bouquet

175ml glass 12 / Half Bottle 22 / Bottle 42

RIOJA LA VENDIMIA, PALACIOS REMONDO SPAIN

Dark cherries, vanilla & great intensity

175ml Glass 14 / Half Bottle 28 / Bottle 55

PINOT NOIR, DOMAINE DE CABRILS FRANCE

Tastes of red fruits, herb spice & soft finish

175ml glass 15 / Half Bottle 29 / Bottle 55

COTE DU RHONE VILLAGES,

BOUQUET DES GARRIGUES ORGANIC - FRANCE

Hints of Peach, musk, melon & honey

Bottle 60

ZINFANDEL, ST GEORGES OLD VINES CALIFORNIA,

BIRICHINO 2018

Red berry fruits with a warm peppery note

Bottle 68

SUPER SMOOTHIES 7.5

GREEN MACHINE

Fresh avocado spinach leaves, curly kale, pure pineapple juice

BANANABERRY

Cloudy pressed apple juice, banana, raspberries & strawberries

OMG

Freshly squeezed orange juice, ripe mango, root ginger juice

FRUIT BOOST

Cranberry juice, red & black currants, blueberries, blackberries, raspberries & sour cherries

REAL ICE CREAM MILK SHAKES 7.95

- Natural Vanilla OR Chocolate -

- Vegan & Dairy free natural Salted caramel -

- Mixed Berry & natural Vanilla -

*BOOST YOUR JUICE, SMOOTHIE OR SHAKE

0.95p each

LIONS MANE MUSHROOM - Brain health, mood, cell/repair recovery

COLLAGEN - Bone health, cartilage, skin, hair & eyes

BEE POLLEN - High in vitamins, lipids, amino acids

DANDELION LEAF - Blood sugar/pressure, Cholesterol, Immunity

JUICES 5.95

FRESHLY SQUEEZED ORANGE
CLOUDY PRESSED APPLE
PURE UNSWEETENED CRANBERRY
100% PRESSED TOMATO
FRESH PURE PINEAPPLE

ICE TEA 4.95

Plain / Lemon / Passion Fruit / Raspberry

ICED COFFEE 4.95

Latte / Americano

FRESH HOMEMADE DRINKS 5.25

Classic Lemonade

Raspberry Pink Lemonade

Elderflower Bubbly

Pink Ginger Cooler

MOCKTAILS '0% alcohol' 7.95

CRODINO SPRITZ

bitter, sweet orange & Grapefruit w/ herbal extracts.

VIRGIN MOJITO

Fresh apple juice, brown sugar, muddled mint, lime & soda

VIRGIN MARY

100% pressed Tomato Juice, Worcestershire sauce, Tabasco & lemon wedge