



NATURAL KITCHEN

BREAKFAST - BRUNCH

FRESHLY BAKED PASTRIES PLEASE ASK YOUR SERVER FOR TODAYS SELECTION 3.25

GLUTEN FREE CREAMY JUMBO OAT & QUINOA PORRIDGE

w/ banana, Goji berries & honey OR dry figs & super seeds 7.95

GLUTEN FREE GRANOLA WITH GREEK OR COCONUT YOGHURT

fruit compote, fresh strawberries, blueberries, dry barberries & maple syrup 7.95

HOMEMADE VEGAN BUCKWHEAT, ALMOND MILK & BANANA PANCAKES

topped w/ fruit compote, coconut yoghurt & maple syrup 8.95

EGGS BENEDICT WILTSHIRE HONEY ROAST GAMMON HAM, CRISPY PANCETTA, BABY SPINACH LEAVES, POACHED FREE RANGE EGGS & HOLLANDAISE SAUCE ON TOASTED RYE SOURDOUGH 15.5

EGGS CYPRUS (V) HOMEMADE GUACAMOLE, CRISPY CYPRIOT HALLOUMI CHEESE, SUPER SEEDS, BABY SPINACH LEAVES, FREE RANGE POACHED EGGS & HOLLANDAISE ON TOASTED RYE SOURDOUGH 14.5

EGGS ROYALE SMOKED SALMON, FRESH DILL, BABY SPINACH LEAVES, POACHED FREE RANGE EGGS & HOLLANDAISE SAUCE ON TOASTED RYE SOURDOUGH 15.95

NK ENGLISH BREAKFAST 18.95

Butchers Pork sausage, dry cure smoked bacon, free range fried eggs, baked beans, sautéed mushrooms, hash brown, slow roast tomato & sourdough toast

NK VEGETARIAN BREAKFAST 16.95

Grilled Halloumi cheese, homemade guacamole, hash brown, free range Scrambled eggs, baked beans, sautéed mushrooms, slow roast tomato & sourdough toast

HUEVAS RANCHEROS 'MEXICAN EGGS' 11.95

Heritage Corn Tortillas, two fried free range eggs, Morita chilli & tomatilla salsa, fried black beans, onion & garlic, avocado guacamole, red chilli and fresh coriander

AVOCADO GUACAMOLE ON TOAST 10.95

w/ baby spinach, cherry tomatoes, super seeds & fresh chilli on sourdough toast

FRENCH TOAST & CRISPY SMOKED PANCETTA OR FRESH BANANA & FRESH BERRIES 9.25

'Eggy brioche bread' topped w/ Crispy Pancetta OR Banana & Maple syrup

OMEGA 3 BREAKFAST

Scottish smoked salmon, guacamole, free range scrambled eggs, super seeds, fresh dill, mild red chilli & sourdough toast 15.5

FREE RANGE POACHED EGGS & HOMEMADE GUACAMOLE (V)

vine ripened tomato, baby spinach leaves, fresh chilli, organic rye toast 13.5 ADD SMOKED SALMON £4.5

FARMHOUSE OMELETTE 10.75 **EGG WHITE OMELETTE** 12.95

smoked salmon & dill OR Wiltshire Ham & cheddar OR mushroom & baby spinach

RYE SOURDOUGH & SOURDOUGH TOAST

your choice of strawberry jam, marmalade, Peanut butter or Marmite 5.5

ALLERGEN NOTICE

*Some dishes may contain nuts or traces of nuts.
Full allergen matrix available on request.*

A TEAM EFFORT!

A discretionary **12.5% service charge** is added to all bills which is distributed to all team members in addition to their normal pay.



TEAS & INFUSIONS 4.25

POT OF LOOSE LEAF ORGANIC TEA

ENGLISH BREAKFAST / EARL GREY / GREEN / CAMOMILE

INFUSIONS 3.95

FRESH LEMON & GINGER ROOT OR FRESH MINT LEAF

OUR COFFEE ORGANIC & FAIRTRADE

NATURAL KITCHEN SUPPORTS THE WORLD LAND TRUST
100% ARABICA

Americano	3.95
Latte	4.25
Cappuccino	4.25
Espresso/Macchiato	2.75/3.2
Flat White/Cortado	4.25/3.95
Chai Latte/Dirty Chai	4.25/4.5
70% Cocoa Hot Chocolate (unsweetened)	4.35
Mocha	4.5

WE OFFER ORGANIC SKIMMED, HALF & HALF, FULL COWS, OAT, SOYA & ALMOND MILKS

SUPER SMOOTHIES 6.95

GREEN MACHINE

Fresh avocado spinach leaves, curly kale,
pure pineapple juice

BANANABERRY

Cloudy pressed apple juice,
banana, raspberries & strawberries

OMG

Freshly squeezed orange juice,
ripe mango, root ginger juice

FRUIT BOOST

pure unsweetened cranberry juice, red
& black currants, blueberries, blackberries,
raspberries & sour cherries

JUICES 5.5

FRESHLY SQUEEZED ORANGE
CLOUDY PRESSED APPLE
PURE UNSWEETENED CRANBERRY
100% PRESSED TOMATO
FRESH PURE PINEAPPLE

