

ALLERGEN NOTICE

Some dishes may contain nuts or traces of nuts.
Full allergen matrix available on request.



NATURAL KITCHEN
LONDON

BAR MENU

TEMPURA SALT & PEPPER SQUID

TOASTED CHIPOTLE CHILLI, FRESH LIME & CORIANDER MAYONNAISE,
BASIL AIOLI, FRESH CHIVES

9.75 TO SHARE 17.5

SWEET & SPICY KOREAN FRIED CHICKEN (HOT CHILLIS)

BREADED CHICKEN BREAST COATED IN GOCHUJANG CHILLI,
SPRING ONION, RED CHILLI & SESAME SEEDS

8.75 TO SHARE 16

HOMEMADE CORN NACHOS (V)

CAJUN DUSTED HERITAGE PURPLE & WHITE CORN TORTILLA, MEXICAN TOASTED
CHIPOTLE MORITA CHILLI & TOMATILLO SALSA, HOMEMADE AVOCADO GUACAMOLE,
MELTED MATURE CHEDDAR, MINTED SOUR CREAM,
PICKLED JALAPENOS & FRESH CHIVES

8.95 TO SHARE 16.95

Add: red chilli chicken breast £2.5/£4

MIDDLE EASTERN MEZZE

HOMEMADE CHICKPEA FALAFEL, TABBOULEH W/ FETA, SUNDRIED TOMATO HUMMUS,
TZATZIKI, PICKLED FIGS, TOASTED SPLIT PEAS, PICKLED CUCUMBER
& CHARRED SPICED CARROT & FLAT BREAD

8.95 TO SHARE 16.5

SKIN ON CHIPS

W/ KETCHUP & MAYO 5.75 OR ADD TRUFFLE OIL PARMESAN £1

CAJUN CHEESY CHIPS

SKIN ON CHIPS, MELTED MATURE CHEDDAR CHEESE DUSTED WITH CAJUN SPICES
7.95

CHUNKY HOMEMADE SWEET POTATO CHIPS

DUSTED WITH SMOKED PAPRIKA 6

SWEET POTATO & SKIN ON CHIPS

A MIX OF BOTH 5.95

ADD A MAYO DIP £1 - Great with the chips!

Sriracha Chilli

Fresh Coriander & Lime

Fresh Tarragon

TEAS & INFUSIONS 4.25

POT OF LOOSE LEAF ORGANIC TEA

ENGLISH BREAKFAST / EARL GREY / GREEN / CAMOMILE

INFUSIONS 3.95

COFFEE ORGANIC & FAIRTRADE

NATURAL KITCHEN SUPPORTS THE WORLD LAND TRUST. OUR COFFEE IS 100% ARABICA

Americano	3.95
Latte	4.25
Cappuccino	4.25
Espresso/Macchiato	2.75/3.2
Flat White/Cortado	4.25/3.95
Chai Latte/Dirty Chai	4.25/4.5
70% Dark Hot Chocolate (unsweetened)	4.35
Mocha	4.5

SUPER SMOOTHIES 6.95

GREEN MACHINE

Fresh avocado spinach leaves, curly kale,
pineapple juice

BANANABERRY

Cloudy pressed apple juice,
banana, raspberries & strawberries

OMG

Freshly squeezed orange juice,
ripe mango, root ginger juice

FRUIT BOOST

pressed cranberry juice, red & black currants,
blueberries, blackberries, raspberries
& sour cherries

JUICES 5.5

FRESHLY SQUEEZED ORANGE

CLOUDY PRESSED APPLE

PURE PRESSED CRANBERRY

100% PRESSED TOMATO

