

## FOR THE TABLE - GREAT TO SHARE

Fresh green Nocellara Olives 3.95

Oven baked Flat bread w/ garlic & rosemary butter,  
Buffalo mozzarella and caramelised onion 6.95/12

## BEGINNERS & SHARERS

### HOMEMADE SOUP OF THE DAY

COUNTRY RYE SOURDOUGH  
7.5

### CRISPY SALT & PEPPER SQUID

TOPPED W/ SRIRACHA, FRESH CORIANDER  
& LIME MAYO, FRESH RED CHILLI AND SPRING ONION  
9.75 TO SHARE 17.5

### BUTTERMILK CHICKEN GOUJONS

CURRY SPICED MAYONNAISE DRIZZLE & MILD RED CHILLI  
8.75 TO SHARE 14.75

### STIR-FRIED THAI SALMON FISHCAKES

SWEET PEPPERS, PAK CHOI AND FRESH CORIANDER,  
W/ STICKY SWEET CHILLI, SOY DRESSING & SESAME  
9.95 TO SHARE 18.5

### HOMEMADE NACHOS (V)

CAJUN DUSTED TORTILLAS, TANGY TOMATO SALSA,  
HOMEMADE GUACAMOLE, MELTED MATURE CHEDDAR,  
SOY CREAM, JALAPENOS & FRESH CHIVES  
8.75 TO SHARE 16.95 Add Chicken breast £4

### BREADED CAULIFLOWER BITES (V)

CAULIFLOWER FLORETS MARINATED IN BUTTERMILK, TAHINI  
& MISO DRESSING, FRESH POMEGRANATE, MILD GREEN CHILLI  
8.75 TO SHARE 15.95

### VEGAN MEZZE

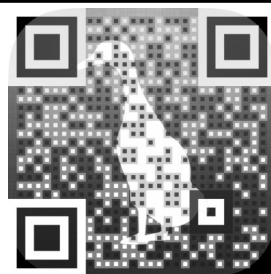
HOMEMADE BEETROOT FALAFEL, HUMMUS, BABA GANOUSH,  
MINI PICKLED FIGS, MINT SALAD, TOASTED SPLIT PEAS  
PICKLED CUCUMBER & CHARRED SPICED CARROT, FLAT BREADS  
9.25 TO SHARE 18.5

### OAK SMOKED SCOTTISH SALMON

PICKLED RADISH, BABY WATERCRESS, LEMON DILL CRÈME  
FRAICHE & MELBA RYE TOAST 12.5

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NATURAL KITCHEN

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## SALADS

### BREADED BUTTERMILK CHICKEN BREAST & CRISPY SMOKED PANCETTA

MOROCCAN BLACK OLIVES, CHERRY TOMATOES, BABY GEM LETTUCE, PARMESAN CHEESE,  
BABY WATERCRESS, WILD ROCKET LEAVES, RUSTIC CROUTONS & NK CAESAR DRESSING 22.95

### ASIAN BLACKENED TERIYAKI SALMON FILLET

ORGANIC WILD RED, BLACK & BROWN RICE, PAK CHOI, ASIAN CABBAGE, RADISH, CUCUMBER, RED PEPPER,  
BEANS SPROUTS, SPRING ONION, MILD RED CHILLI & FRESH CORIANDER W/ SESAME, LIME & SOY DRESSING 23.5

### TURMERIC SPICED CHICKPEA FALAFEL (V)

HOMEMADE TZATZIKI & HUMMUS, COUSCOUS, CHICKPEAS, CUCUMBER, BEETROOT,  
MIXED LEAVES, FRESH MINT, FLAT LEAF PARSLEY, HARISSA DRESSING & TOASTED SPLIT PEAS 18.95

### SMOKED HADDOCK FISHCAKES

EDAMAME BEAN, GREEN BEANS, CHARRED BROCCOLI, PEA, WILD ROCKET & BABY SPINACH LEAVES,  
SUPERFOOD PESTO DRESSING W/ A DOLLOP OF DILL CRÈME FRAICHE 23.5

### CRISPY HALLOUMI CHEESE (V)

RED & WHITE QUINOA, PUY LENTILS, BABY SPINACH, JULLENNE APPLE,  
CHARGRILLED RED PEPPER, FRESH MANGO, ORANGE, GRAPEFRUIT AND SOFT JUMBO SULTANA SALSA,  
COCONUT CHIPS & CITRUS DRESSING 18.95

**ADD TO YOUR SALAD: British Chicken breast £4 / crispy Halloumi cheese £3 / half avocado £3**  
*Super Seed mix £1 Two homemade Falafels £2.5*

## MEAT, FISH & PLANTS

### GREEN SUPERFOOD COURGETTI (V)

SUPERFOOD PESTO, ALMOND MILK, CHARRED ASPARAGUS SPEARS, FINE GREEN BEANS, ROASTED CHERRY TOMATOES,  
WILD ROCKET LEAVES, SUNFLOWER SEEDS & CRISPY HALLOUMI (V) OR TURMERIC TOFU (VEGAN) 18

### TODAY'S RISOTTO

SEE OUR SPECIALS MENU OR ASK YOUR SERVER FOR TODAY'S RISOTTO

### VEGAN CURRY

CHICK PEA, SOYA CHUNKS & BABY SPINACH W/ RED RICE, TOMATO, RED ONION, CORIANDER SALSA & FRESH PUPADUMS 18.5

### 10OZ STEAK & CHIPS

28 DAY DRY AGED SIRLOIN, SKIN ON CHIPS & OUR BRANDY AND PEPPERCORN SAUCE 38

### FISH & CHIPS

BEER BATTERED COD, SKIN ON CHIPS W/ CRUSHED MINTED PEAS & HOMEMADE TARTARE 22.95

### HARISSA CHICKEN BREAST

MOROCCAN SPICED GIANT COUSCOUS, ROAST MEDITERRANEAN VEGETABLES, HARISSA COCONUT CREAM & TZATZIKI 22

### KING PRAWN & SESAME CHICKEN UDON

THICK UDON NOODLES, KING PRAWNS, SESAME CHICKEN, ASIAN VEGETABLES, FRESH CHILLI,  
CORIANDER AND STICKY TERYAKI, SOY & SWEET CHILLI 23.75

## POTATOES

Lightly salted skin on chips 5.5

ADD black truffle oil & parmesan crumb £1

Thick cut Paprika dusted sweet potato chips 6

A MIX of sweet & skin on chips 5.75

Sautéed baby new potatoes w/ chives 5

**ADD A MAYO DIP £1 - Great with the chips!**  
Sriracha, fresh coriander & lime / Tarragon Mayo /  
White Truffle / Curry spiced

## THE OTHERS

Macaroni cheese, black truffle oil, crispy onions 6

Charred Broccoli & Edamame, bean sprouts, soy chilli oil 5

Mixed salad leaves, pickled red onion & cherry tomatoes 4.5

Wild rocket & Parmesan w/ balsamic 5.5

Caesar salad, leaves, black olives, croutons, parmesan 5.5

Homemade chunky Mexican Coleslaw 5

## BURGERS & CLUBS

ALL FRESHLY MADE & PREPARED BY US RIGHT HERE

BURGERS & CLUBS SERVED WITH SKIN ON CHIPS,  
SWEET POTATO CHIPS OR SIDE SALAD

### NK 8OZ BEEF BURGER

HOMEMADE AGED BRITISH MINCED STEAK PATTY, BLACK TRUFFLE  
MAYONNAISE, MATURE CHEDDAR & RED LEICESTER, CARAMELISED  
RED ONION, BABY GEM LETTUCE, VINE RIPENED TOMATO  
& WILD ROCKET LEAVES ON POTATO BRIOCHE BUN 22.95

**\*OUR BURGER IS ALWAYS COOKED WELL DONE  
BUT MAY STILL APPEAR A LITTLE PINK INSIDE**

### HALLOUMI, CARROT & BROCCOLI BURGER (V)

BEETROOT HUMMUS, SPICY KATSU, CHARRED SPICED AUBERGINE,  
PICKLED VEGETABLE SLAW, BABY GEM LETTUCE  
& MICRO WATERCRESS ON WHITE SOURDOUGH BUN 20.5

### CHARGRILLED CHICKEN BREAST CLUB SANDWICH

CHARGRILLED BRITISH CHICKEN BREAST, SMOKED STREAKY  
BACON, FRESH TARRAGON MAYONNAISE, MATURE RED LEICESTER  
CHEESE, CHUNKY MEXICAN SLAW & BABY GEM LETTUCE  
ON RUSTIC CIABATTA 20.25

### ASIAN STYLE SALMON BURGER

STICKY TERIYAKI, SOYA & SWEET CHILLI ASIAN SLAW,  
SRIRACHA & FRESH CORIANDER MAYO, SESAME SEEDS,  
ROCKET LEAVES & GEM LETTUCE ON POTATO BRIOCHE BUN 23.5

**We are happy for you to go 'Skinny' & replace the bun  
with a salad on any burger**

**DOUBLE UP YOUR BURGER - Any extra patty £7**

### ADD TO YOUR BURGER

Mature cheddar / Blue Cheese / Greek Feta £2  
Smoked Streaky Bacon / Fresh 1/2 Avocado £3  
Avocado guacamole / Sautéed Mushrooms £2

## PUDDINGS

**SALTED CARAMEL CHOCOLATE BROWNIE** 8.5  
milk chocolate drizzle  
& natural vanilla ice cream

**BANOFFEE PIE** 7.5  
milk chocolate, caramel, banana,  
Chantilly cream & Honeycomb

**HOMEMADE FRESH PASSIONFRUIT CHEESECAKE** 7.5  
butter Biscuit base

**MANGO CRÈME BRULEE** 8.5  
fresh mango puree

**MEDITERRANEAN LEMON TART** 8.5  
homemade meringue, raspberry sauce

### NATURAL ICE CREAMS

1-SCOOP 3.95 / 2-SCOOPS 5.5 / 3-SCOOPS 7.5

Your choice of:

CHOCOLATE, VANILLA, SALTED CARAMEL,  
COCONUT OR MANGO SORBET

### A TEAM EFFORT!

A discretionary 12.5% service charge is added to all  
bills which is distributed to all team members  
in addition to their normal pay.